





RHYTHMIC
GYMNASTICS
SUMMER
SPORTS
CAMP

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RHYTHMIC GYMNASTICS SUMMER SPORTS CAMP 2022

GENERAL INFORMATION

Dear Parents.

This year's summer camp of the rhythmic gymnastics sports club will be held for the sixth time in Tachov, where we have secured a sports hall and in the same hall there are also facilities for accommodation and catering.

The camp will take place on the following dates from Friday 5 August to Sunday 14 August 2022.

During the camp, the girls will have a training programme during the day (morning and afternoon, 7 - 8 hours in total) where they will improve their skills and prepare their individual routines or practice group performances. The training program is provided by at least four professional coaches, including a Russian coach and a ballet teacher. After the training sessions, there is an organized program of team games and competitions. Of course, medical supervision is also provided.

Conditions of participation in the summer camp:

- 1. Reaching school age (age 6 by September 1) and the necessary independence of the girl. Younger only by appointment.
- 2. Approval of participation by the TopGym Executive Committee.
- 3. Submission of a binding application form, timely payment of the deposit and additional payment.
- 5. Compliance with the binding conditions of participation.

Deadlines:

- Arrival on Friday 5 August between 1 and 2 pm.
- Departure on Sunday 14 August after 12 noon.
- The last training session on Sunday will be from approximately 10 am, a gala show for parents

Transportation is arranged individually by each participant. Arrangements can be made mutually between parents.

Accommodation will be provided in the hall (meeting room and other areas) on your own mattress and sleeping bag (blanket).

Meals will be provided in the restaurant in the sports hall. The restaurant will be used for breakfast, lunch and dinner (we will prepare the menu in advance). The children will also get two snacks a day and a drinking regime will be observed. The first meal will be an afternoon snack on Friday after arrival and the last meal will be a morning snack on Sunday before departure.

Price of the camp

The cost of the camp is CZK 8,900 (approximately € 380) per gymnast. The deposit of CZK 5,000 (approximately € 210) is due by 15 June 2022, the balance is due by 15 July 2022. Payment in CZK or € by actual exchange rate to account no. 2200892778 / 2010 (IBAN: CZ5220100000002200892778). Payment and cancellation conditions are specified in the conditions of participation. It is possible to issue an invoice to the employer upon agreement. The cost of an accompanying coach for gymnasts from other clubs is not included in the camp fee.

The binding application form must be submitted by 10 June 2022.

Responsible summer camp leader: Zuzana Kopfstein

Head Coach: Mariia Novikova

Organisation, payments and invoicing are handled by:

Jiří Herian, club president phone / WhatsApp +420 602 495 191 e-mail: info@gymnastika-kv.cz

Address of the sports hall:

Sportovní hala TJ Slavoj Tachov summer sports camps of rhythmic gymnastics Pobřežní 1656 347 01 Tachov

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